Mental Health Service Levels

Descriptions and Providers



Tier III

Intensive Intervention

Individual student and family supports

Student Support Specialist

Students exhibiting severe social emotional concerns

The rapeutic interventions are intensive and individualized Student Plan, RTI, 504 or IEP process and plan/ongoing progress monitoring

Weekly services based on student need

Crisis response and collaboration for intensive support and student safety

Therapeutic Intervention: coping skills, emotional regulation, executive functioning,

attendance, etc.

Collaboration with family and community resources (clinicians, psychiatrist, case managers, hospitals)

Tier II

Intervention

Early detection, identification and response to mental health concerns

Counselor, <u>Syntero</u>, Intervention Specialist, General Education Teacher Student Support Specialist (Consult)

Students who need additional support

Interventions are targeted

Groups or individual sessions

Up to 1 time per week, specified number of sessions $Coping \, skills, \, emotional \, regulation, \, executive \, skills, \, attendance, \,$

Collaborate with family and community resources Mental health crisis screening and support

Tier I

Prevention

Practices promoting healthy social and emotional development for ALL students

Counselor, Syntero, Health Teacher, General Education Teacher, Intervention Specialist

All students

Universal programming, gen ed setting Safe and caring learning environments PD for staff, families and community Health course of study, Counselor Framework, Signs of Suicide, Red Flags, Kognito, PBIS, Panorama, Panorama Playbook, HOPE SQUAD Community and parent partnerships Substance use prevention Character Strong